OPTIMIZING SOIL & PLANT HEALTH IN AGRI-FOOD PRODUCTION

Regenerative Agriculture - its benefits and innovations







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Natural & Sustainable Kitchen Gardens

٦	•*	INTRODUCTION TO SOIL HEALTH
2	•*	SOIL TESTING & ANALYSIS
3	•*	BUILDING HEALTHY SOIL WITH COMPOSTING
4	•*	PREVENTING MOLD & FUNGAL DESEASES
5	•*	NUTRIENT MANAGEMENT & FERTILIZATION
6	•*	ORGANIC SOIL AMENDMENTS & ALTERNATIVES
7	•*	CROP ROTATION & PLANT PAIRING
8	•*	WATER MANAGEMENT & IRRIGATION PRACTICES
9	•*	INTEGRATED PEST MANAGEMENT (IPM)
10	•*	SOIL CONSERVATION & SUSTAINABLE PRACTICES

MODULES



- Definition
- Key Nutrients
- Micronutrients
- Nutrient Deficiency
- Fertilization Strategies
- Best Practices



1) NUTRIENT MANAGEMENT

"The strategic application of nutrients to optimize plant growth and soil health."

SOIL HEALTH

Healthy soils are enriched with essential nutrients; ecosystem balance - microbial diversity

PLANT HEALTH

resistance to pests & diseases, vital for protein synthesis & chlorophyll formation



2) IMPORTANCE OF KEY NUTRIENTS

Nitrogen (N)

- Component of Amino acids > components of proteins
- Synthesis of Nucleic acids > component of nucleotides (make up DNA/RNA)
- Chlorophyll Production > green pigment essential for photosynthesis
- Growth & Development > cell division & expansion > new growth
- Enhance Crop Yield > N often limiting factor to growth
- Regulation of Metabolic Processes > regulates responses to environmental stresses
- Symbiotic Relationships > Legumes form symbiotic relationships with nitrogen-fixing bacteria, this bacteria converts atmospheric nitrogen into forms the plants can use





2) IMPORTANCE OF KEY NUTRIENTS

Phosphorus (P)

- vital component of ATP (energy currency of sells) > P important for energy transfer
- essential for photosynthesis (ATP)
- root development > extends root system > better water/nutrient uptake
- flowering & fruit development > reproductive process (pollination & seed formation)
- key component in DNA/RNA
- cell division & growth
- withstanding stress situations like drought
- contributes to nutrient uptake of N & K





2) IMPORTANCE OF KEY NUTRIENTS

Potassium (K - Kalium)

- water regulation > opening & closing of stomata
- nutrient transport > transportation sugar within the plant
- enzyme activation > crucial for metabolic processes (photosynthesis, respiration)
- key role in starch & protein synthesis
- fruit quality > influences e.g. size, color, taste
- disease resistance & stress tolerance
- root development > promotes root growth





3) IMPORTANCE OF MICRONUTRIENTS

Micronutrients are essential elements that plants need in small quantities for various physiological functions.

Copper (Cu)

 chlorophyll production, seed production/formation

Molybdenum (Mo)

• nitrogen utilization

Boron (B)

 metabolism & cell division

MODULE 5: NUTRIENT MANAGEMENT & FERTILIZATION



Chlorine (Cl)

• photosynthesis



Iron (Fe)

 chlorophyll synthesis, photosynthesis, rich green color

Zink (Zn)

• growth & reproduction

Manganese (Mn)

 enzyme formation in cells, CO2 assimilation

4) IDENTIFYING NUTRIENT DEFICIENCIES

Many deficiencies show similar symptoms in the plant.

- yellowing leaves
- irregular or stunted growth
- plant can suffer from several deficiencies at the same the time
- environmental factors that can have an impact too: temperature fluctuation, irregular watering, compacted soil, pest infestation
- soil testing to identify the specific deficiency (every 2-3 years) lacksquare







5) FERTILIZATION STRATE



Types of Fertilizers

chemically manufactured products specifically designed to supply essential nutrients (NPK) to plants natural substances derived from plant, animal or mineral sources; used to enrich soils & provide nutrients to plants







Nutrient Composition	high concentration on NPK
Nutrient Release	quick-release, imidiate nutrient availability
Soil Health	potential soil degradation & nutrient imbalances
Environmental Impact	potential water pollution & soil acidification
Application Frequency	often frequent, rapid depletion
Cost	lower upfront
Dependency	can create dependency on chemical input

MODULE 5: NUTRIENT MANAGEMENT & FERTILIZATION



aried composition, often lower concentration, includes micronutrients & organic matter

low release through decomposition of organic matter

nances soil structure, fertility & microbial activity

environmentally friendly, promotes biodiversity

ss frequent, overtime build-up of organic matter

her cost upfront, long-term benefits to soil health

ustainable & regenerative, long-term soil health

QUICK RELEASE

- quick plant feed
- often includes ammonium nitrate urea
- synthetic or organic fertilizers
- ideal for immediate nutrient needs (quick greening)
- effects on the plant: quick bursts of growth, hight risk of nutrient burn, frequent application to keep nutrient level
- nutrient leaching (environmental concern)
- typically liquids
- foliar spray





SLOW RELEASE

- gradual release of nutrients • often inchoated or encapsulated nutrients • synthetic or organic fertilizer • long-term feeding less frequent application • effects on plants: sustain growth, lower risk of burn, • less nutrient leaching

- less need for application
- dry fertilizer/pellets



'THE 4R'S OF NUTRIENT' MANAGEMENT'

Right Amount

- following package instructions
- use right amount necessary

Right Source

• chose fertilizer type that benefits your garden/field most

Right Timing

Right Placement

- application for best availability to plants
- e.g. dry fertilizer on or into soil, foliar spray on leaves

IUTRIENT MANAGEMENT & FERTILIZATION



• take plant life cycle into account • weather/ environmental factors



6. BEST PRACTICES 6.1 REGENERATIVE AGRICULTURE

The 5 Principals of Soil Health

- Limit Disturbance 'no-till' > improve soil structure, protects beneficial microorganisms, weed suppression, stress reduction, nutrient availability
- Armor the Soil Surface > Keep soil covered with plant residues
- Build Diversity > Crop Rotation, Cover crops, Soil organisms
- Keep Living Roots in the Soil > Cover crops, C-transfer into soil, soil structure improvement, erosion control, disease suppression
- Integrate animals > Attract predatory birds/animals help pest control, apply organic fertilizer, weed management

>wild meadows/forests as the model





6.2 INTEGRATED NUTRIENT MANAGEMENT

- holistic approach
- includes organic & synthetic fertilizers
- soil amendments & other nutrient sources
- enhances soil fertility & health
- sustainable practice



7. CONCLUSION

Nutrient Management is essential to promote soil & plant health. Environmental balance is key.

MODULE 5: NUTRIENT MANAGEMENT & FERTILIZATION



IMPROVED SOIL FERTILITY

ENHANCED YIELD **STABILITY**



PESTAND DISEASE CONTROL



INCREASED BIODIVERSITY

RESOURCES



Nutrient Management Plan Template (Penn State University)

https://extension.psu.edu/programs/nutrient-management/tools/plan

Nutrient Management & Planning Tool (Livestock & Poultry Environ. Learning Community, YouTube video) www.youtube.com/watch?v=MA6lZ5t6MjU

Center for Sustaining Agriculture and Natural Resources, Washington State University csanr.wsu.edu/how-does-regenerative-agriculture-reduce-nutrient-inputs/

Regenerative Farmers of America www.regenerativefarmersofamerica.com









THANK YOU

