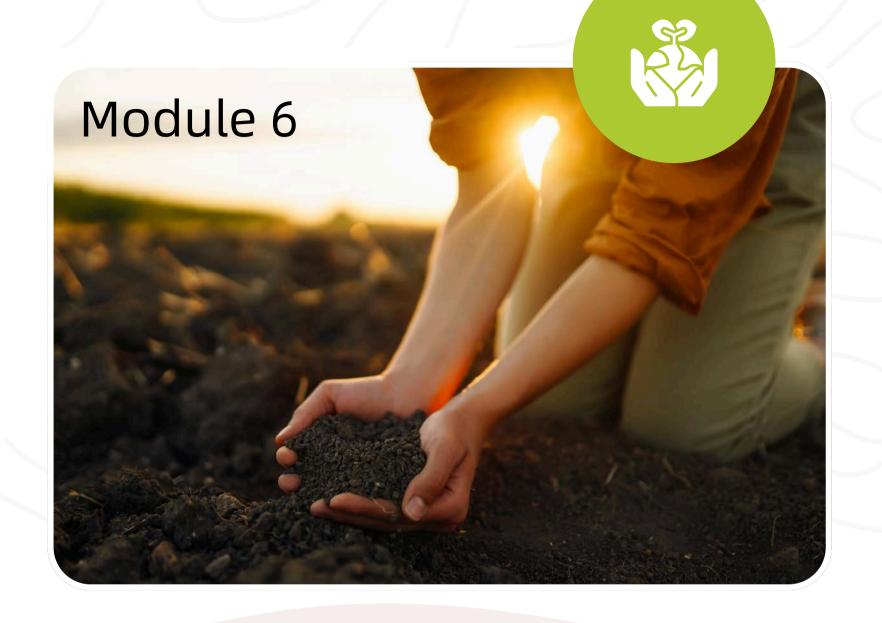
# OPTIMIZING SOIL & PLANT HEALTH IN AGRI-FOOD PRODUCTION

Regenerative Agriculture - its benefits and innovations





Eric & Ines Batterton
Owners & Founders of My Nordic Garden





- INTRODUCTION TO SOIL HEALTH
- 2 SOIL TESTING & ANALYSIS
- 3 BUILDING HEALTHY SOIL WITH COMPOSTING
- PREVENTING MOLD & FUNGAL DESEASES
- 5 NUTRIENT MANAGEMENT & FERTILIZATION
- ORGANIC SOIL AMENDMENTS & ALTERNATIVES
- CROP ROTATION & PLANT PAIRING
- 8 → WATER MANAGEMENT & IRRIGATION PRACTICES
- 9 INTEGRATED PEST MANAGEMENT (IPM)
- 10 SOIL CONSERVATION & SUSTAINABLE PRACTICES





### MODULE 6:

# ORGANIC SOIL AMENDMENTS & ALTERNATIVES

- Organic Soil Amendments
- Types of Organic Soil Amendments
- The No-Till Method
- Alternatives to No-Till
- Other Applications of Organic Amendments
- Alternative Amendments





# 1) ORGANIC SOIL AMENDMENTS

natural materials to improve:

- physical (structure, water retention)
- chemical (nutrient availability, water retention)
- biological properties (microbial activity)
- >> supporting plant growth & ecosystem health

in nature soil is almost always
covered
'living mulch' - weeds, cover crops
compost, leaves
wood chips, coconut coir
straw, grass clippings..

#### ORGANIC FERTILIZERS

green manure/cover crops
well aged animal manure
mulching
compost tea, worm castings
rock dust, biochar
leaf mould, kelp
teas & slurries

#### COMPOSTING

fermentation (bokashi)
trench composting
keyhole gardens
tumblers
static pile composting

vermicomposting

MODULE 6: ORGANIC SOIL AMENDMENTS & ALTERNATIVES

# 2) TYPES OF ORGANIC SOIL AMENDMENTS



Mulch

- moisture retention
- temperature control
- weed suppression
- soil structure improvement (reduce of compaction)
- erosion control



Compost

- slow release fertilizer
- balanced nutrients
- improves soil structure & soil life
- adds organic matter



## 2) TYPES OF ORGANIC SOIL AMENDMENTS



Organic Fertilizer

- adds organic matter
- improves soil structure, chemistry & life
- 'plant food'
- support plant health short- and long-term



#### Manure

- nutrient rich animal waste
- well-composted
- adds organic matter
- part of the natural nutrient cycle



# 2) TYPES OF ORGANIC SOIL AMENDMENTS



Cover Crops

- grown during off-season
- protects & enrich soil
- legumes (clover, beans..) as N-fixing crops
- chop & drop, let them die off



Green Manure crops grown to be tilled back into soil



# 3) THE NO-TILL METHOD

#### **Goals:**

- increase organic matter
- improve soil health
- moisture conservation (drought resistance)
- reduced labor & fuel costs
- weed management
- carbon sequestration (keep C in the ground)
- increased yield stability
- fewer pests & diseases
- add compost/mulch on soil surface



# 3) THE NO-TILL METHOD

#### **HOW** does it work?:

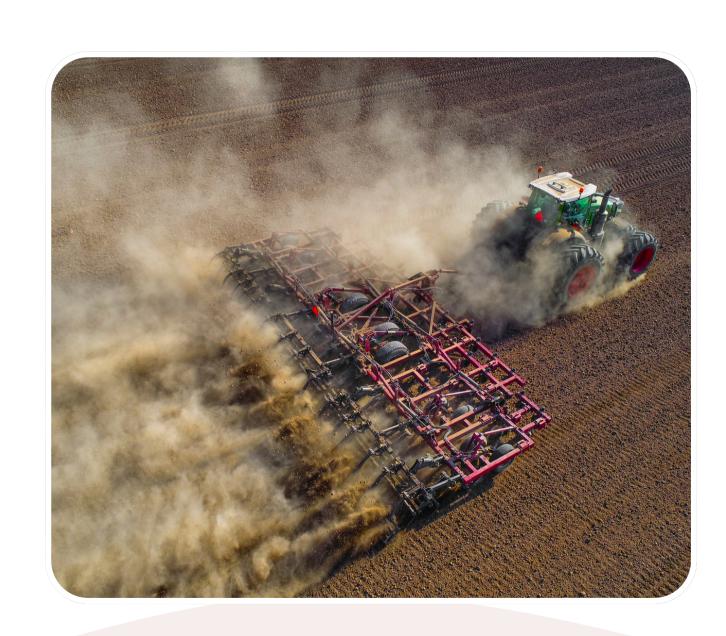
- let a field go wild (no tilling or seeding)
- no-till drills for seeding & planting
- plan crop rotation
- leave crop residue (decomposes, protects soil, water retention)
- implement IPM (integrated pest management)
- monitor soil health
- keep records, observe
- use organic materials as soil amendments



# 3) THE NO-TILL METHOD

#### WHY is tilling detrimental to soil health?:

- strong degradation of soil
- top 6-10" turned over, exposed to air
- disrupts life of soil organisms
- kills earthworms
- damages soil structure & mycelium connections
- exposes soil > erosion
- kills living roots in the soil
- reduces water retention capability > drought, floods
- nutrient loss, loss of organic matter
- chemical fertilizers used to supplement nutrient loss



# 4) ALTERNATIVES TO NO-TILL

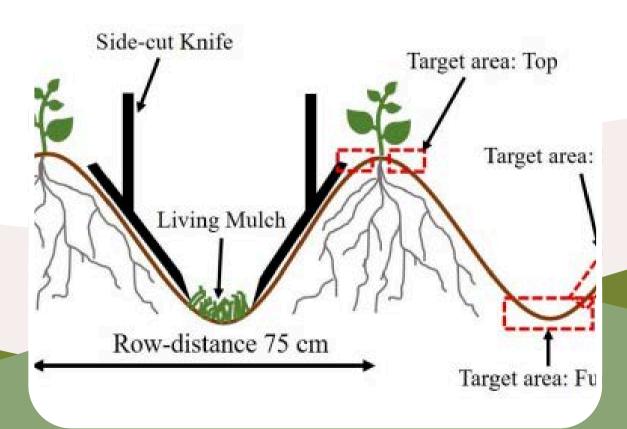
#### **Mulch-Till**

- parts or all of green manure tilled into soil
- good alternative for poorly drained soil



#### **Ridge-Till**

- building raised ridges to plant
- tillage in between ridges
- ideal for furrow irrigation



#### **Strip-Till**

- only areas which will get planted tilled in strips
- reduced tilling



# 5) OTHER APPLICATIONS OF ORGANIC AMENDMENTS

#### **Soil Injection**

- water soluble fertilizer injected right into soil close to roots
- includes application through irrigation systems
- manure, liquid fertilizers



soil-plant-animal-nutrient-linkages/, photo by: Rick Taillieu

#### **Broadcasting**

- uniformly spreading of manure or compost over a whole field
- usually at sowing/ planting or during growth period



#### **Compost Tea Application**

- leachate or brewed teas
- as foliar spray or onto soil close to plants
- nutrients immediately available to plants



# 6) ALTERNATIVE AMENDMENTS



charred organic material enhances soil fertility & sequesters carbon

#### supports:

- nutrient retention
- soil structure
- microbial communities



product of the decomposition process by worms

- rich in nutrient & microbes
- improves soil health
- supports plant growth



nutrient-rich liquids derived from organic material e.g. liquid kelp, fish emulsion

- quick feed
- improves microbial activity

# 7) CONCLUSUION



#### ENHANCED LONG-TERM SOIL HEALTH

enriches soil with organic matter through composting and crop rotation; regenerates healthy soil ecosystems; improved water retention & soil structure



#### **BIODIVERSITY CONSERVATION**

greater diversity of plants, animals, and insects; creating a balanced and resilient ecosystem; working with nature and following her example



#### REDUCES RELIANCE ON SYNTHETIC FERTILIZERS

building soil by application of organic matter > a little or no extra nutrient input required; improved plant health; economically better long-term



## YOUR TURN!

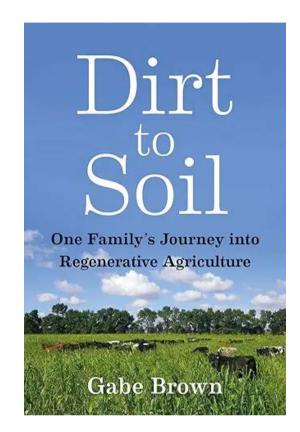
#### Make your own COMPOST TEA!

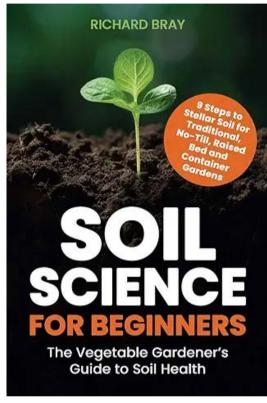
Search online for the recipe that suits you best and create your own homemade organic fertilizer.

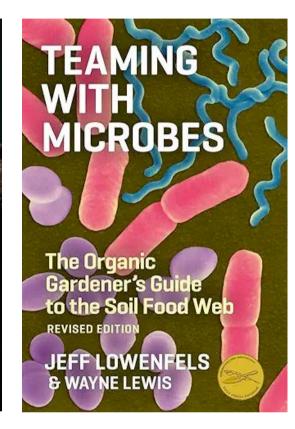
Recommended resource pages: www.treehugger.com www.healthy-juice.co

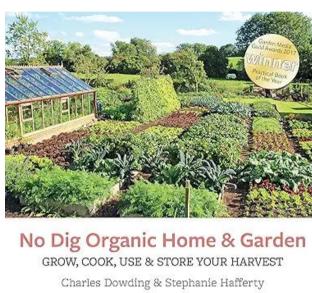


### RESOURCES

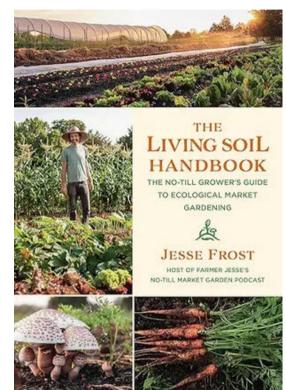












Alagbo, Oyebanji O. & Schumacher, Matthias & Spaeth, Michael & Gerhards, Roland & Saile, Marcus. (2022). Weed Management in Ridge Tillage Systems - A Review. Agronomy. 12. 910. 10.3390/agronomy12040910.

#### **BC Tree Fruit Production Guide**

https://www.bctfpg.ca/horticulture/fruit-tree-nutrition/application-of-fertilizers-and-other-amendments/

#### Agriculture.canada.ca

https://agriculture.canada.ca/en/agricultural-production/soil-and-land/soil-management/issues-management-problems-and-solutions-maintaining-zero-tillage-system-and-other-beneficial-soil

https://agriculture.canada.ca/en/agricultural-production/soil-and-land/soil-management/flexibility-no-till-and-reduced-till-systems-ensures-success-long-term

# THANK YOU