

# Quiz

## OPTIMIZING SOIL & PLANT HEALTH IN AGRI-FOOD PRODUCTION

Regenerative Agriculture - its benefits and innovations



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### Module 3: Building Healthy Soil with Composting

1) What is 'compost'? Define the word.

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2) Name 5 benefits of composting for soil health.

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3) What does 'brown' and 'green' material mean and why is the ratio important?

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4) Name the two main composting processes. Briefly describe how they work.

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